

Breast & GYN Cancer Pavilion

MARY BIRD PERKINS
OUR LADY OF THE LAKE
CANCER CENTER



Woman's

Physician's Guide

The Breast & GYN Cancer Pavilion

The most advanced treatment, technology and support for your patient in one location.

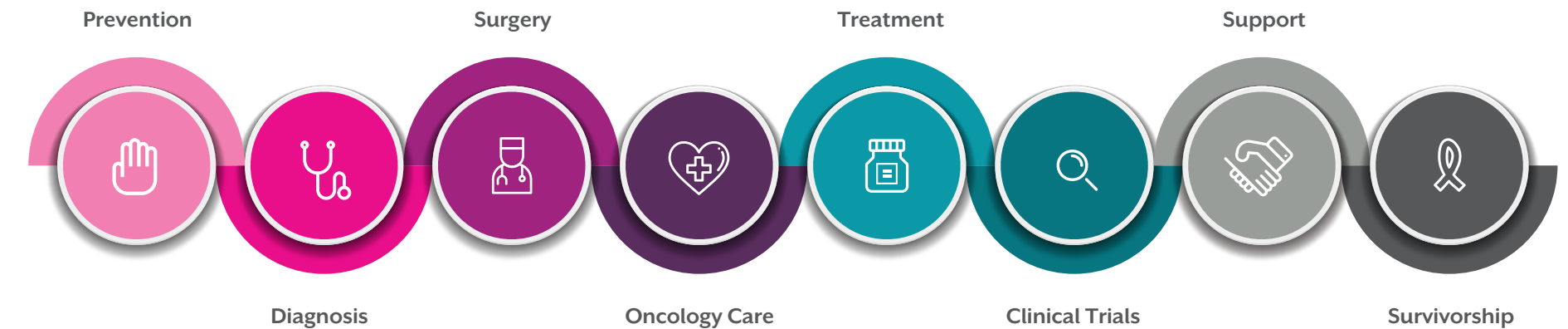
360°
VIEW

The Breast & GYN Cancer Pavilion is the only facility of its kind in the country where the combined expertise of **Woman's Hospital and Mary Bird Perkins – Our Lady of the Lake Cancer Center** delivers the most coordinated and advanced cancer care to women in one location.

Using a collaborative, team approach, we provide an individualized care plan for women from beginning to end.

- **Specialized medical experts**
Multidisciplinary tumor conferences to determine patient care plan, including diagnosis, surgery, treatment and reconstruction
- **Extensive treatment options**
The best radiation therapy system for precise radiation delivery, High-Dose Rate (HDR) Brachytherapy designed especially for GYN cancer patients and innovative oncoplastic surgery
- **The latest national clinical trials**
Trials test new drugs or a novel combination of drug treatments, new surgery and radiation therapies, and new medical devices
- **Vast support resources**
Survivorship education, healing arts and physical therapy designed exclusively for breast and GYN cancer patients
- **Personal patient navigation**
Registered nurses and social workers trained to provide guidance and participate in communication with all providers

The Cancer Care Path



Visit sisterhoodstrong.org for 360° views.



A Closer Look for
You and Your Patient

Prevention

- 3D screening mammography** is the most advanced technology currently available.
- Can detect small breast cancers earlier by producing more than 120 one-millimeter thin images of each breast, compared to four images with routine 2D mammography.
 - Uses the same low radiation dose as standard 2D mammography.
 - Allows for greater accuracy in pinpointing the size and location of abnormalities particularly in dense breasts.

Imaging: 225-924-8391

Mobile Mammography allows us to reach women throughout Louisiana. 3D screening mammography is available on Woman's Mammography Coach alongside the Mary Bird Perkins – Our Lady of the Lake Cancer Center's Early Bird.

- 2017 Statistics:
- 3,912 women screened
 - 23 cancers detected

To schedule the coach, call 225-215-7981.

High Risk

Refer your patients with significant family history for a personalized consultation to determine her lifetime risk. Most insurance companies qualify women with a 20% or greater lifetime risk for additional screens.

High-risk factors can include:

- Age
- Genetic mutations
- Early menstrual period
- Late or no pregnancy
- Starting menopause after age 55
- Not being physically active
- Being overweight or obese after menopause
- Having dense breasts
- Using combination hormone therapy
- Taking oral contraceptives (birth control pills)
- Personal history of breast cancer
- Personal history of certain non-cancerous breast diseases
- Family history of breast cancer
- Previous treatment using radiation therapy
- History of taking the drug diethylstilbestrol (DES)
- Drinking alcohol

Woman's Breast Specialists clinic currently runs a high-risk breast cancer clinic.

High-Risk Services: 225-216-1118

Genetic Testing

Our geneticist and genetic counselor test for genetic disorders and hereditary predisposition to cancer and, most importantly, interpret test results to help your patient understand:

- How frequently she should be screened
- If her children should be screened
- Whether any preventive surgeries could reduce her risk

Genetics Clinic: 225-924-8550

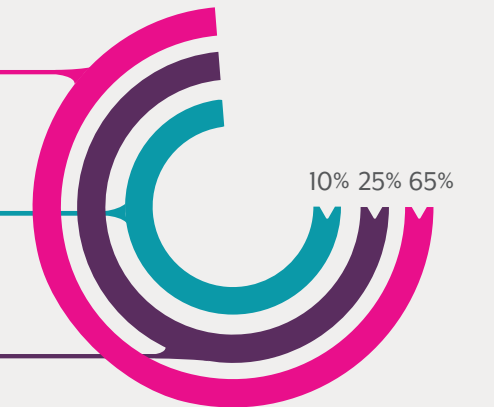
Sporadic Breast Cancer

(no significant family history)

Hereditary Breast Cancer

(BRCA1 or BRCA2 positive)

Familial Breast Cancer



Breast cancer cases grow in the millions each year, and women want to understand their risks.

The average prevalence of breast cancer is:

- 2% for women ages 40-5
- 1 in 8 lifetime risk

Help your patients understand the facts. Women with a family history of breast cancer are usually very concerned. However:

- Only 10% have a gene mutation
- Only 25% have a familial connection
- 65% of breast cancers have no family connection

Reaching our community and beyond

Woman's screens nearly 60,000 Pap tests a year. In 2017, 179 GYN cancers were treated.



Specialized Treatment



Diagnosis

A diagnosis of breast or GYN cancer is usually through a 3D diagnostic mammography, stereotactic breast biopsy, MRI, breast ultrasound, ultrasound-guided breast biopsy and/or breast needle localization.

The Hologic Affirm™ breast biopsy system can reduce some of the anxiety around having a biopsy.

- Less invasive than surgery; extracts small core samples of breast tissue
- Provides easier access to challenging lesions
- Greater comfort during the procedure through the table's padded contours
- Biopsy can be performed in less than 10 minutes, much quicker than a traditional biopsy

Woman's performs approximately 700 core breast biopsies each year.

Woman's Advanced Imaging: 225-231-5379



Woman's

On-Site Surgery

Connected to the Pavilion, Woman's Same Day Surgery Center is designed to provide convenient outpatient surgery. Inpatient procedures are performed on campus in Woman's Surgical Unit.



Surgery

A physical transformation is emotionally and physically demanding for your patients. That's why our surgeons focus solely on breast and gynecologic cancers.

Breast Cancer Surgery at the Pavilion is performed by specialized surgeons, including one of the few board-certified breast surgical oncologists in Louisiana, who offer the most advanced procedures, including:

- Nipple-Sparing Mastectomies
- Hidden Scar Surgery™
- Advanced Reconstruction Options

Oncoplastic Surgery techniques enable your patient to receive a lumpectomy while lifting/reducing the breast and ensuring symmetry with the opposite breast at one time.

Gynecologic Cancer Surgery is performed by gynecologic oncologists using the da Vinci surgical robotic system. Designed specifically to perform complex gynecologic surgeries, this minimally invasive alternative to open surgery reduces many of the costs and complications associated with open procedures.

• **Woman's Breast Surgeons: 225-216-1118**

• **Breast Specialty of Baton Rouge: 225-751-2778**



Treatment

We know cancer treatment is not easy. That's why we've done everything we can to make it as comfortable as possible.

Radiation Therapy

- **Elekta Infinity™ & Elekta Agility™**
Superior technologies for radiation delivery. They work together to precisely deliver a defined dose of radiation while minimizing exposure to healthy tissue and organs.
- **High-Dose Rate (HDR)/ Interstitial Brachytherapy**
HDR treats gynecologic cancers by delivering a high dose of radiation directly to the tumor site in a treatment space designed for ultimate patient comfort; everything is brought to the patient's bedside so she never has to leave the room. *This approach is unique to only a few facilities in the country.*
- **GE Discovery IQ™ PET/CT**
This unique technology blends images into one singular image for greater accuracy. Its advanced capabilities are critical in detecting the smallest tumors, staging, restaging and developing customized treatment plans.

360°
VIEW

Infusion/Chemotherapy

Spaces were designed for maximum comfort and convenience.

- 16 spacious infusion suites with TVs, heated chairs, headsets and Wi-Fi for mobile devices
- The region's only "cooling cap" to reduce hair loss during chemotherapy treatment
- Clinical Pharmacy is on-site to reduce wait times for chemotherapy drugs.
- On-Site Medical Oncology Lab so blood work before treatment is fast and convenient.

360°
VIEW

Breast and GYN Cancer Pavilion: 225-215-7100

Visit sisterhoodstrong.org for 360° views.

Reconstruction

We work to provide patients with the most aesthetic outcome.

- DIEP flap technique: Uses a patient's own tissue to fill the void from the cancer removal.
- Oncoplastic surgery: Ensures symmetry in both breasts following a lumpectomy.
- 3D nipple and areola tattooing

Watch surgeons discuss reconstruction options at SisterhoodStrong.org.



Clinical Trials

We offer the latest National Cancer Institute (NCI) clinical trials at the Pavilion. All women are screened for participation in studies that include prevention, detection, treatment and survivorship.

Clinical trials at the Pavilion, 225-215-1342





Support

A cancer diagnosis changes everything. Your patients and their families are faced with many decisions that can impact their lives. We understand that they need extra guidance and hope.

- **Nurse Navigators** will help your patients understand and learn about her specific cancer. They are registered nurses who are trained to help throughout the unique journey.
- **Oncology Social Workers** help your patients and their families manage the emotional and social phases of the journey. We walk beside them. Navigation and support can begin from the day of diagnosis.

• **Breast Cancer Nurse Navigator: 225-924-8576**

• **GYN Cancer Nurse Navigator: 225-924-8215**



Survivorship

At the Pavilion, care does not stop at the end of treatment. Your patient's quality of life is important.

Survivorship services keep the mind and body in balance.

- Aromatherapy
- Healing arts
- Massage
- Mind-body support groups
- Mindfulness-based clinics
- Pet therapy
- Walking groups
- Yoga

Physical Therapy/Cancer Rehabilitation can alleviate fatigue, weakness, insomnia, memory loss, fear, anxiety and depression associated with cancer treatments. We offer the region's most extensive and qualified cancer rehabilitation services to men and women for the common side effects of treatment:

- Aquatic therapy
- Exercise
- Hearing therapy
- Speech therapy

Woman's Center for Wellness Cancer Rehabilitation: 225-924-8311

Aesthetic cosmetic services at the Pavilion focus on personal and self-esteem issues related to cancer.

- Nipple tattooing on breast reconstruction
- Eyebrow microblading due to hair loss
- Makeup application to manage skin changes

Nutrition can be difficult to manage during treatment as taste and appetite changes. We work to maintain the body's health through one-on-one counseling, where we develop strategies to address individual needs.



Focused on Patient Convenience

We placed physician's offices, chemotherapy, lab and pharmacy on one floor to make it easier for women during treatment.

Our Commitment to You:

Once your patient begins treatment at the Breast & GYN Cancer Pavilion, our team will keep you updated on her status, partner with you to provide care, and transition her care as needed.



For more information, visit [sisterhoodstrong.org](https://www.sisterhoodstrong.org) or call (225) 215-7100

